

BIT&BACK



Dental news you can use

May 2022



A HEALTHY DIET: WHAT'S BITE FORCE GOT TO DO WITH IT?

Putting bite force into perspective

Access our latest
White Paper



Upcomming Events

Where you can
find us next...

Want to know more

Why is bite force important
how does it benefit
your clients



KUBE INNOVATION

WELCOME TO THE FIRST ISSUE OF BITE BACK

This first issue of Bite Back focuses on the importance of nutrition and putting bite force into perspective as it relates to your customers ability to adequality bite and chew and the overall impact on their health and quality of life.

Each monthly issue will focus on a topic of interest that has been identified by your peers. Future issues will also include Tips and Tricks on the implementation of devices, such as Innobyte, into your practice and keep you abreast of the newest advances in the industry.

We look forward to your feedback and hope that you will find value in this and upcoming issues.

UPCOMING EVENTS



ASM22
Annual Spring Meeting



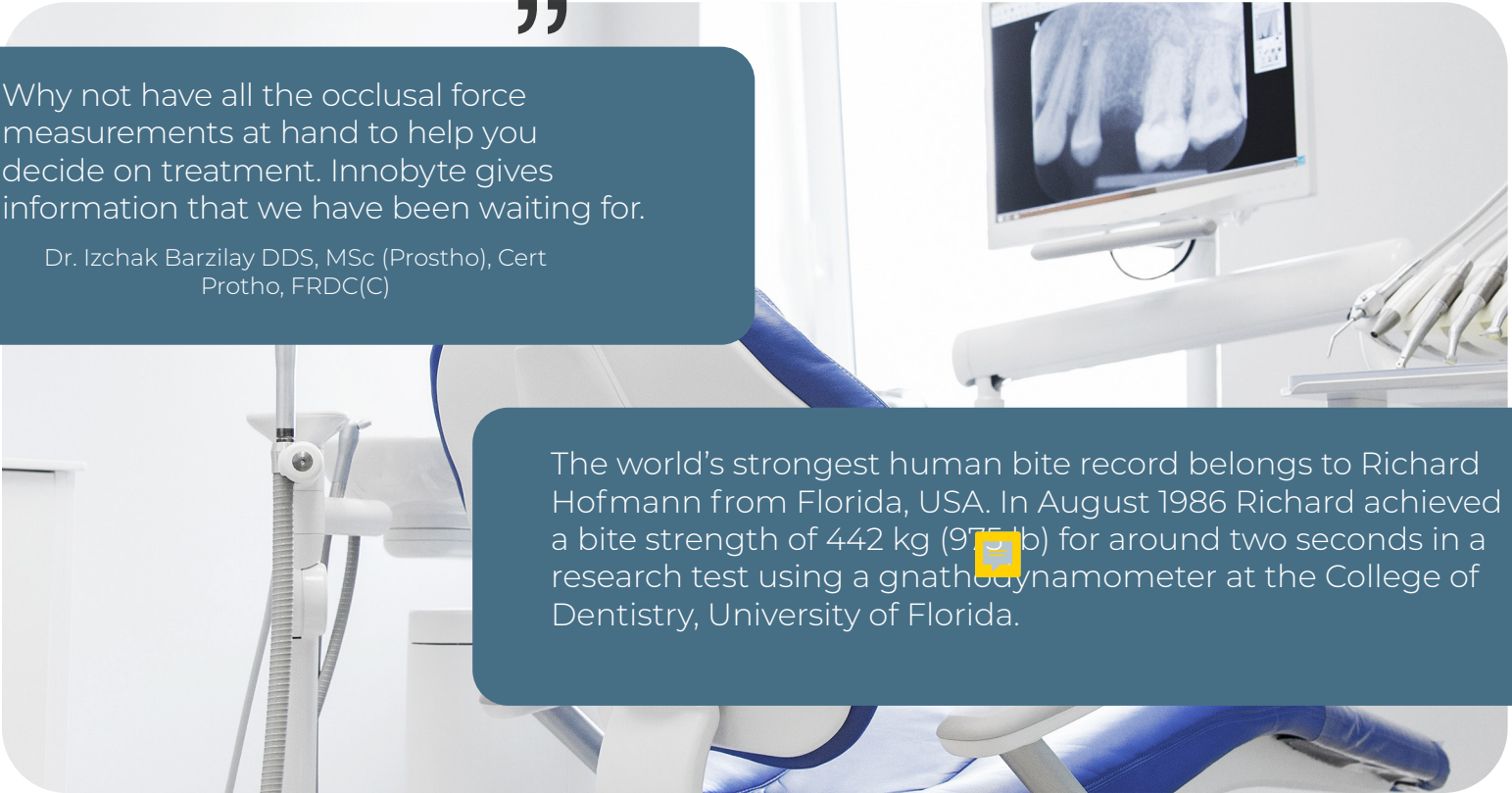
May 5, 2022 – May 7, 2022
Toronto, 255 Front St W, Toronto, ON M5V 2W6, Canada

May 11, 2022 – May 14, 2022
Delta Marriott Ocean Pointe Resort, 100 Harbour Rd,
Victoria, BC V9A 0G1, Canada

“ SOUNDBYTES ”

Why not have all the occlusal force measurements at hand to help you decide on treatment. Innobyte gives information that we have been waiting for.

Dr. Izchak Barzilay DDS, MSc (Prosthodontics), Cert Protho, FRDC(C)



The world's strongest human bite record belongs to Richard Hofmann from Florida, USA. In August 1986 Richard achieved a bite strength of 442 kg (975 lb) for around two seconds in a research test using a gnathodynamometer at the College of Dentistry, University of Florida.

BITE FOR BITE: PUTTING BITE FORCE INTO PERSPECTIVE

We all know that a healthy diet is a key factor in a healthy life, but a recent White Paper explains how proper nutrition begins with a persons' ability to bite and chew.

[Read the full article here:](#) 



Key Takeaways

Inadequate dental health may lead to:

- Limited dietary choices
- Insufficient mastication
- Decreased nutritional uptake
- Gastrointestinal issues
- Sarcopenia
- Frailty
- Bone reabsorption of mandible and maxilla

Appropriate bite force is necessary:

- to properly chew and digest foods
- to receive the nutritional benefit of foods
- for patient quality of life 

 **Normal or average range of bite force in adults with their full dentition is between 650 and 1000N**

Regaining bite force can positively impact health and quality of life

Access resources and detailed information on how Innobyte can work for your practice at www.kubeinnovation.com

Learn More



THE INNOBYTE™: BETTER CONSULTATIONS WITH BITE FORCE

Maximize the impact of your consultations with a personalized bite force assessment in less than 3 seconds.



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